

Useful links...



Our Autism Helpline:

The Autism Helpline enquiry service provides impartial, confidential information along with advice and support for autistic people and their families and carers.

<https://www.autism.org.uk/services/helplines/main/contact.aspx>

Parent 2 Parent Service:

Parent to Parent is a UK-wide confidential telephone service providing emotional support to parents and carers of autistic children and adults. The service is provided by trained parent volunteers who offer telephone support from their own homes. The Parent to Parent volunteers are based across the UK, so parents don't have to share information with someone in their local area.

Our volunteers have personal experience of autism and the impact it has on their own families. They can give other parents the opportunity to talk through problems and feelings.

<https://www.autism.org.uk/services/helplines/parent-to-parent.aspx>

Our Education Rights Service:

The Education Rights Service provides impartial and confidential information and support to families on school education rights and entitlements.

<https://www.autism.org.uk/services/helplines/education-rights.aspx>

School Exclusions Service:

The School Exclusions Service offers advice and information to parents of children and young people on the autism spectrum on all aspects of school exclusion in England. This includes advice on informal (illegal) exclusions; fixed-period and permanent exclusions; how to challenge your child's exclusion and what you can do if you are concerned that your child is at risk of exclusion.

<https://www.autism.org.uk/services/helplines/school-exclusions.aspx>

Transition Support Service

Our transition support service is a free service for young autistic people aged 14 years plus and their parents or carers, looking for information and advice on the transition to adulthood. This includes young people preparing to leave school as well as further and higher education.

<https://www.autism.org.uk/services/helplines/transition-support.aspx>

Our Autism Services Directory is the UK's most comprehensive directory of services and support for people on the autism spectrum, their families, and people who work with them.

<https://www.autism.org.uk/directory.aspx>